



**PALESTINIAN AMERICAN
MEDICAL ASSOCIATION
(PAMA)**

ANNUAL REPORT 2024

A Year of Transformation

EXECUTIVE SUMMARY



The year 2024 marked a critical period for the healthcare system in Palestine following the escalation of hostilities in Gaza in October 2023. The situation resulted in significant disruption to health services, with damage to infrastructure, shortages of essential supplies, and increased pressure on already limited human resources. Large segments of the population faced reduced access to healthcare, alongside growing humanitarian needs, including food insecurity, displacement, and limited access to clean water and sanitation. At the same time, disruptions to higher education raised concerns about the future availability of qualified healthcare professionals.

In the West Bank, the healthcare system continued to operate under constrained conditions, with financial pressures and access limitations affecting service delivery and the capacity of facilities to meet growing demand.

Against this backdrop, 2024 was defined primarily by PAMA's emergency response, focusing on maintaining the continuity of essential services and addressing urgent humanitarian needs in Gaza.

PAMA implemented targeted interventions to stabilize service delivery. These included deploying healthcare personnel to support overstretched facilities, providing essential medications, medical supplies, and equipment, and delivering humanitarian assistance to vulnerable and displaced populations.

While maintaining a strong focus on emergency operations, 2024 marked the beginning of an important internal transition for PAMA. The organization initiated institutionalization and strategic planning to strengthen its operational model. This included enhancing governance structures, formalizing internal systems and processes, and defining programmatic priorities to support more coordinated, scalable, and sustainable interventions.

Looking ahead, PAMA aims to build on its emergency response by gradually transitioning toward recovery and system strengthening, with a focus on restoring essential health services, supporting local capacities, and contributing to more resilient health systems.

This report reflects a year defined by urgent humanitarian action, while also highlighting the early steps taken toward building a stronger and more structured organization for the future.

PALESTINE IN 2024: HUMANITARIAN CRISIS AND URGENT RESPONSIBILITY

The year 2024 was one of the most difficult years in Palestine's recent history. Across Gaza, the West Bank, and East Jerusalem, communities faced severe humanitarian, health, social, and economic pressures. In Gaza, the escalation of hostilities following October 2023 devastated civilian life, damaged health infrastructure, disrupted essential services, and caused large-scale displacement. Families struggled to access safety, food, clean water, healthcare, education, and basic necessities.

Hospitals and primary healthcare facilities in Gaza operated under extraordinary conditions, with limited electricity, fuel, medications, supplies, water, and safe access for patients and health workers. Many facilities were damaged, overwhelmed, or only partially functional. Despite these challenges, healthcare teams continued to provide lifesaving care under immense pressure. The disruption affected emergency care, surgery, maternal and child health, oncology, dialysis, rehabilitation, mental health, and chronic disease management.

The impact extended beyond healthcare. Children lost access to safe learning environments, livelihoods were disrupted, and vulnerable families faced increasing hardship.

In the West Bank and East Jerusalem, movement restrictions, economic decline, and growing instability placed additional pressure on households, institutions, and public services.

Against this backdrop, the role of civil society became even more critical. For the Palestinian American Medical Association, 2024 was a defining year. PAMA responded to urgent needs through its core pillars, working with local institutions, healthcare providers, international partners, and donors to sustain essential services and deliver lifesaving assistance.

This Annual Report reflects a year of profound crisis, but also one of resilience, partnership, and commitment. It documents PAMA's response, honors the dedication of Palestinian communities and healthcare workers, and reaffirms the importance of coordinated, accountable, and dignity-centered support for Palestine.

ABOUT PAMA



Founded in 2013, the Palestinian American Medical Association (PAMA) was established by a group of dedicated Palestinian healthcare professionals residing in the United States. Recognizing a crucial gap in the healthcare landscape, PAMA serves as a vital umbrella organization, uniting Palestinian and other healthcare professionals with a shared concern for Palestine.



Providing medical and humanitarian support to Gaza's most vulnerable communities.



OUR VISION

PAMA envisions a future in which all Palestinians receive access to comprehensive and sustainable healthcare.

We believe that Palestinians should have unhindered access to high-quality healthcare.

OUR MISSION

PAMA is committed to providing immediate medical relief and supporting healthcare programs, education, and training in Palestine.

CORE PROGRAMS

CRISIS INTERVENTIONS

During emergencies and crises, PAMA provides support to the overwhelmed health system in Palestine through lifesaving supplies, medicine, and equipment to Palestinian doctors and hospitals.



CAPACITY BUILDING

PAMA provides supplies and equipment to resolve specific problems and improve healthcare services in Palestine.

EDUCATION FUND

PAMA is committed to medical education in Palestine through a holistic approach to address the pressing healthcare needs of the population.



CLINICAL INTERVENTIONS

PAMA provides a wider range of clinical service programs targeting specific medical, surgical, and psychological conditions.



Clinical Interventions

EMERGENCY HEALTH SUPPORT IN GAZA

From February to April 2024, PAMA, in collaboration with Juzoor for Health and Social Development, implemented the Gaza Emergency Response Clinics to provide essential healthcare and psychosocial support to internally displaced persons (IDPs) in Gaza. The initiative reached 39,456 individuals across nine shelters.

Services provided included:

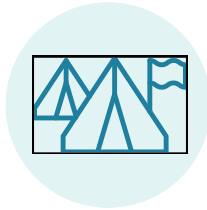
- child health
- communicable disease management
- mental health and psychosocial support
- non-communicable disease treatment
- primary healthcare
- maternal and neonatal care

This comprehensive intervention aimed to mitigate the health and psychological impacts of prolonged crises on Gaza’s most vulnerable populations.



39,456

in total services provided



9

shelters



51%

Females



Services provided

3,449	individuals treated for infectious diseases	15,393	mental health & psychosocial support (MHPSS) services
6,873	students received scholarships	1,210	children < 2 years immunized
72,324	non-communicable disease (NCD) consultations	2,087	women received maternal & neonatal care

MEDICAL MISSIONS

With funding from the Islamic Relief-USA and in collaboration with the Jordanian American Physicians Association (JAPA), PAMA deployed 10 specialized medical missions to support overwhelmed hospitals in South Gaza (European and Nasser Hospitals). These missions provided urgent medical services, capacity-building support for local healthcare providers, and psychological aid for patients and families.



9

Medical Missions

64

international
medical
professionals



356

educational
activities



732

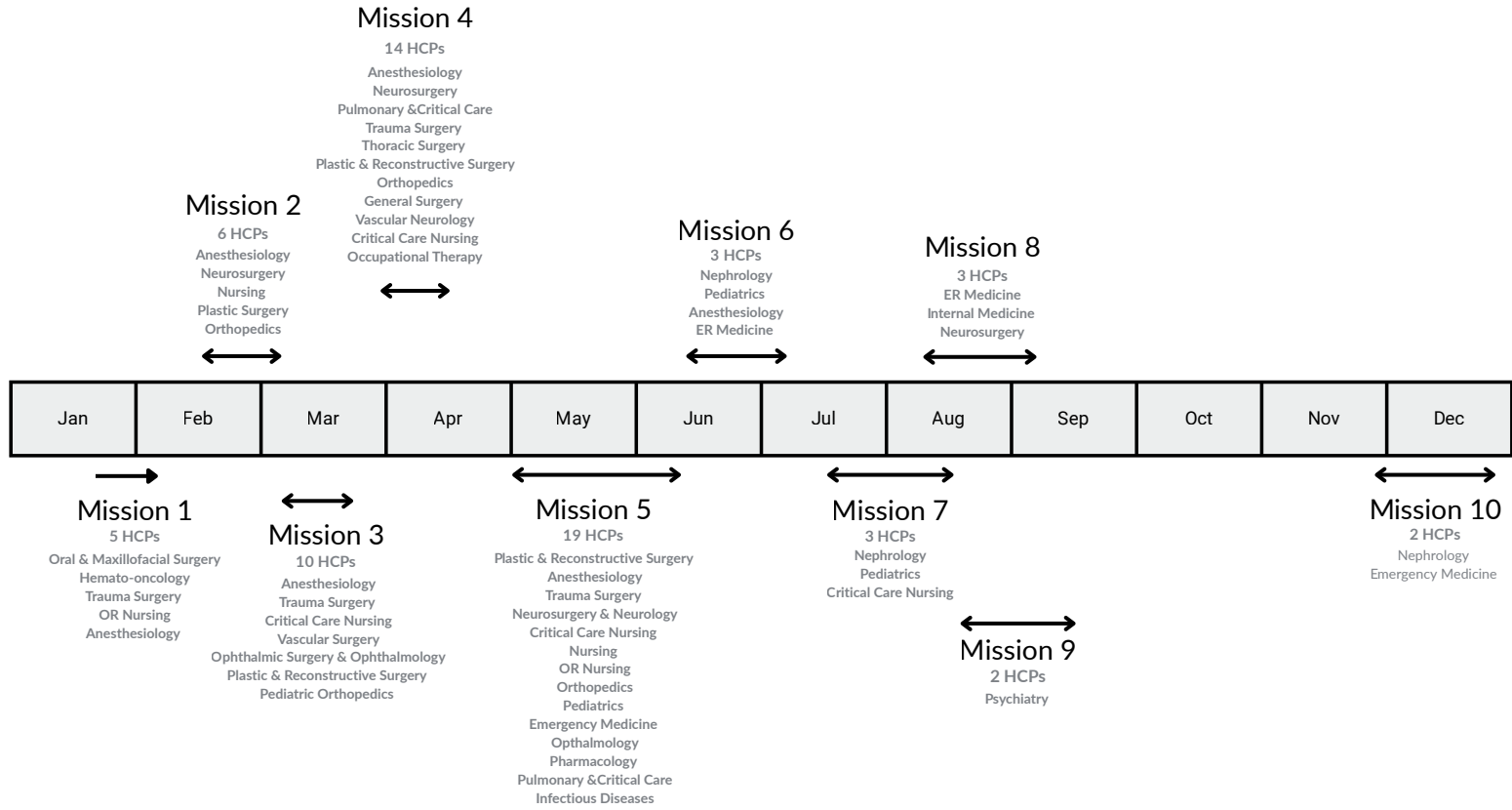
major surgeries



31

ICU cases

MEDICAL MISSIONS



409
minor surgeries



9,586
medical consultations



1,084
patients received wound care

MENTAL HEALTH MISSIONS

PAMA deployed its first mental health team to Gaza during 2024.

This mission provided:

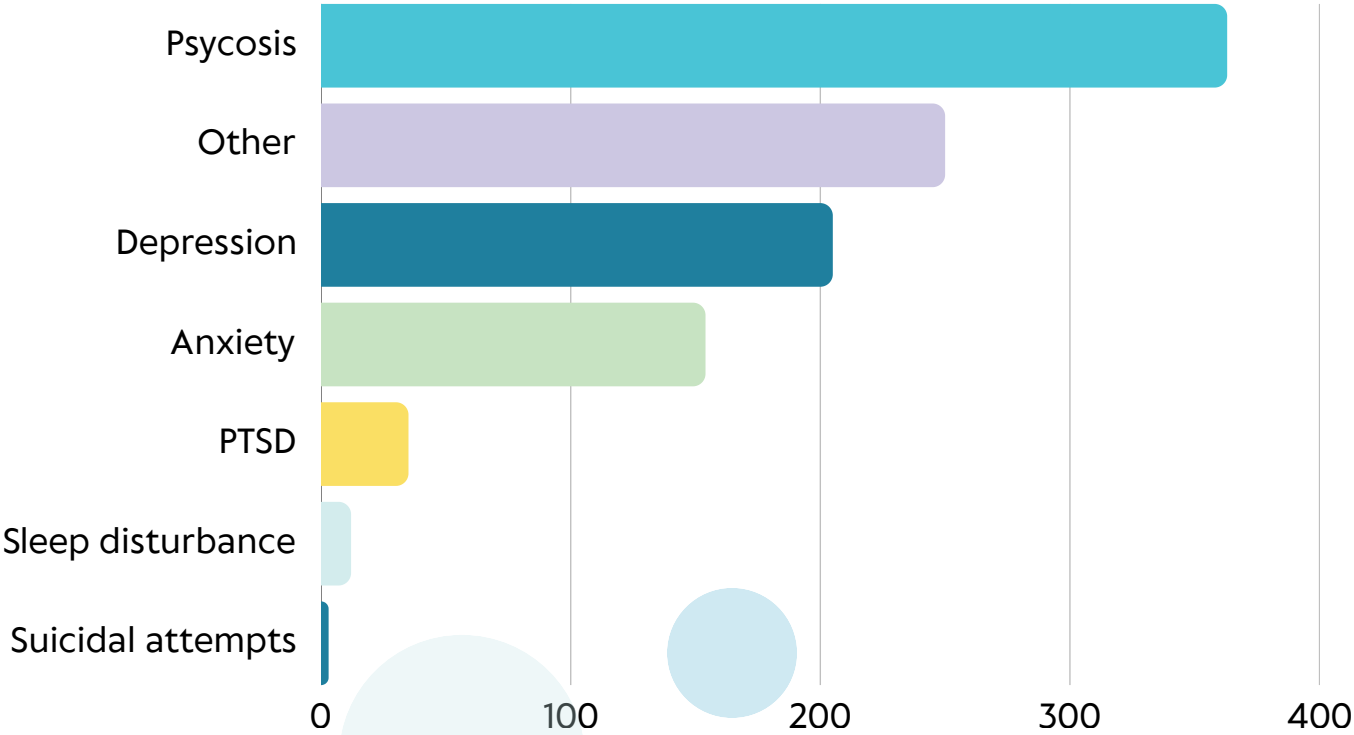
- psychological support for healthcare workers
- capacity building for healthcare workers

102

psychological support sessions for healthcare workers

1,022 consultations

Mental health conditions by count



MENTAL HEALTH SUPPORT IN THE WEST BANK

PAMA partnered with the EJ-YMCA to provide urgent mental health services under a rapid response program, focusing on Psychological First Aid (PFA).

12

recreational group activities

for 300 children

24

interactive recreational days

benefiting 1,680 children

12

caregiver awareness sessions

for 120 caregivers

15

group psychosocial counseling sessions

supporting 225 children

SPONSORING AUTISTIC CHILDREN

PAMA, in partnership with the Jasmine Charitable Society, launched an initiative to support 10 autistic children at the Palestine Autism Center.

- From August 2023 to July 2024
- Ensure access to specialized rehabilitation and educational services
- Enhance the quality of life for children with autism in the West Bank Palestine



**autistic
children**

**Physical
Therapy**

**Speech
Therapy**

**Group
Therapy**



HUMANITARIAN AID FOR DISPLACED FAMILIES IN GAZA

PAMA has been actively responding to the urgent needs of displaced families in Gaza by providing essential food, shelter, and hygiene supplies. Thousands of food baskets, vegetable parcels, meal provisions, and women’s hygiene kits were distributed across northern and southern Gaza to ensure survival and well-being during the ongoing crisis.



4,420

vegetable baskets
families in southern Gaza



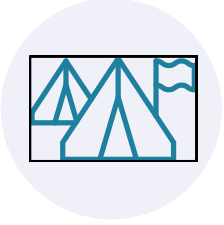
74,900

Ramadan iftar meals



6,200

food parcels
-displaced families and healthcare
workers in northern and southern Gaza



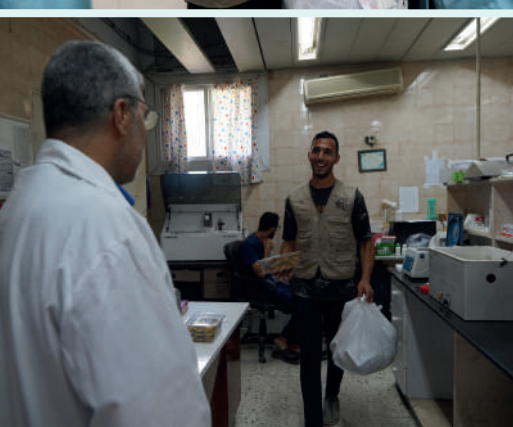
250

large tents
Rafah and Khan Younis



1,540

hygiene kits
women in shelters and medical
staff in hospitals in North Gaza



PROVISION OF MEDICAL SUPPLIES FOR GAZA

PAMA has been instrumental in addressing severe shortages in medical supplies through strategic partnerships and coordinated efforts.

- **Five critical medical supply shipments** were delivered in partnership with **Islamic Relief - USA (IRUSA)**, ensuring essential disposables and medications for ICUs and operating rooms at Nasser Medical Complex. These shipments enabled life-saving surgeries and intensive care for critically injured patients despite severe resource shortages.
- In coordination with the **Jordan Hashemite Charity Organization**, PAMA delivered essential medical consumables for Northern Gaza, ensuring healthcare facilities received urgent supplies for emergency response.



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Medical Supplies Shipments to Support Medical Missions



PROVISION OF MEDICAL SUPPLIES & EQUIPMENT

Medical Supplies

To address the surge in emergency cases, PAMA provided critical medical supplies to the emergency departments. This intervention strengthened hospitals' capacity to manage trauma cases and general emergencies effectively.

- Jenin Hospital
- Tulkarm Hospital

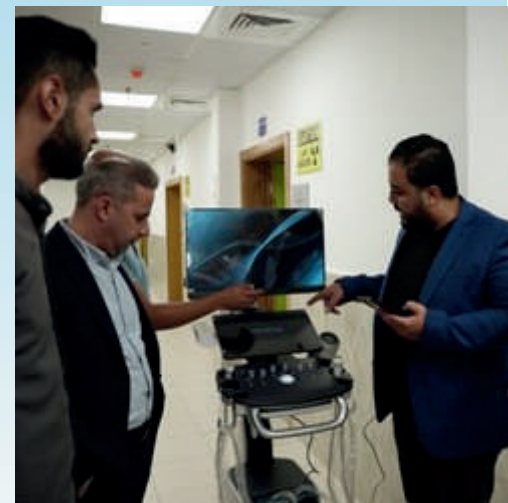
2

hospitals
West Bank

Medical Equipment

Key medical equipment delivered include:

- Thompson Retractor (Liver - Oncology Systems) and General Medical Equipment: Supplied to the Palestinian Medical Complex to improve surgical precision.
- Echocardiography Device: Delivered to Al-Israa Specialized Hospital in Tulkarem to strengthen cardiovascular diagnostics.



SCHOLARSHIPS

PAMA provided full tuition coverage for medical students from West Bank universities during the second semester of the 2023-2024 academic year and the first semester of 2024-2025 academic year. Students go through a structured selection process based on merit and need.

Beneficiary institutions in the West Bank included:

- An-Najah National University
- Al-Quds University
- Palestine Polytechnic University
- Hebron University
- Arab American University
- Birzeit University.

68

**scholarships
second semester of the
2023-2024**

22

**scholarships
first semester of
2024-2025**

FELLOWSHIPS & EDUCATIONAL SUPPORT

Fellowships

PAMA sponsored 14 Palestinian doctors for advanced training in critical medical specializations. This initiative aims to bridge gaps in medical expertise and enhance the sustainability of Palestine’s healthcare system.

These specializations include:

- liver surgery
- maxillofacial tumor surgery
- ophthalmology
- neurology
- gastroenterology
- emergency medicine
- fetal medicine
- orthopedics
- endocrinology
- intensive care and pulmonary diseases

Training is being conducted at leading institutions such as Inonu University (Turkey), Cairo University (Egypt), National University Hospital (Singapore), and the University of Jordan Hospital (Jordan).

14

Fellowships

Supporting Health Education

As part of PAMA’s Education Fund, an Adult High-Fidelity Manikin was donated to the **Clinical Simulation Center** at Al-Quds University to enhance hands-on medical training for **over 2,000 students annually** at the **Faculty of Health Professions**.



Simulation Equipment for Al-Quds University

2025 STRATEGIC TRANSITION

In 2025, PAMA will build on its emergency response work and move toward a more structured and sustainable model. The focus will be on strengthening systems, improving coordination, and expanding long-term impact.

Through this transition, PAMA aims to maintain its responsiveness to urgent needs while building stronger systems for recovery, resilience, and long-term development in Palestine.

Strengthening institutional systems

Improving project management, finance, operations, MEAL, reporting, and internal coordination.

Consolidating PAMA's three program pillars

Organizing programs under Healthcare, Education, and Livelihood with clearer objectives and measurable results.

Developing emerging initiatives

Advancing telehealth models, partnerships, quality improvement, structured hospital partnerships, and specialized medical service lines.

Expanding healthcare support

Continuing support for hospitals, critical care, dialysis and nephrology services, oncology, medical missions, telemedicine, emergency supplies, and specialized training.

Supporting education and professional development

Expanding opportunities for students and health professionals affected by the crisis.

Improving visibility and accountability

Strengthening documentation, impact reporting, donor communication, and strategic visibility.



The Palestinian American Medical Association (PAMA) is a 501(c)(3) non-profit founded by physicians and community members committed to saving lives in Gaza. We conduct medical missions, facilitate health education, and distribute essential supplies to help where it's needed most.



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